



The Healthy Families New York (HFNY) program serves families prenatally through age five. The enrollment period is pregnancy through the three months following birth and allows for mothers with multiple children. Over the past year, HFNY has served over 5,700 families statewide (see map). HFNY is a network funded by the NYS Office of Children and Families.

**Results that “move the needle” for families and children**

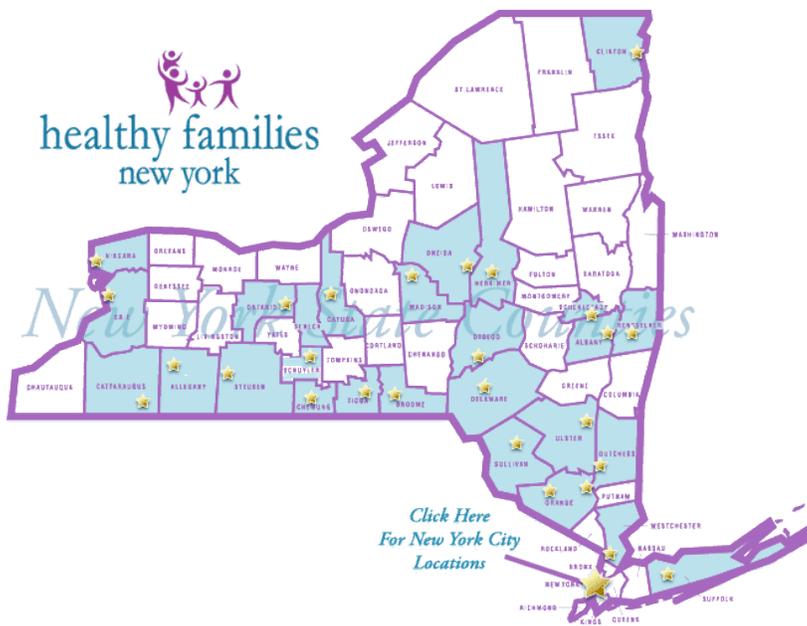
<p>Healthy Families New York research has demonstrated positive effects for families</p>	<p><b>Healthy</b> HFNY moms are <b>1/2</b> as likely to have low birth weight babies.</p>
<p><b>Successful</b> HFNY girls are <b>twice</b> as likely to excel academically.</p>	<p><b>Safe</b> HFNY moms are <b>50 %</b> less likely to abuse their child.</p>

In 2000, OCFS initiated an RCT in collaboration with SUNY Albany’s CHSR to test the effectiveness of HFNY in preventing child maltreatment and promoting children’s development. Families eligible for HFNY in three sites were randomly assigned to either an intervention group that was offered HFNY services or to a control group that was given information on and referrals to appropriate services other than home visiting. Baseline interviews were conducted with 1173 women (intervention, n=579; control, n=594). Mothers were again interviewed in their homes around the time of the child’s first, second, third, and seventh birthdays. Currently in its fifteenth year, the study will examine if the early results sustain over time and identify longer-term effects on children as they enter adolescence. HFNY holds a unique position in NY because the research base is here. This program works here and it has been working for 20 years.

*The goals of HFNY are to promote positive parenting skills and parent-child interaction, prevent child abuse and neglect, promote optimal prenatal care and child health and development, and enhance family self-sufficiency.*

**National program with consistent evidence.**

- The HFA model, developed in 1992 by Prevent Child Abuse America and is based upon 12 Critical Elements proven effective in working with families and backed by 20 years of rigorous research studies.
- These Critical Elements are operationalized through a series of best practice standards and offer a high quality framework local level flexibility to match the unique needs of families and communities.
- HFA meets the US Department of Health and Human Services criteria as an “evidence-based early childhood home delivery model,” confirmed through a strong research base.
- Currently there are over 600 affiliated HFA program sites in 40 States, DC, all five US territories: Guam, Puerto Rico, US Virgin Islands Northern Commonwealth of the Marianas, the American Samoa and Canada.



- Albany County
- Allegany and Cattaraugus Counties
- Broome County
- Bronx County
- Cayuga/Seneca Counties
- Chemung County
- Clinton County
- Delaware County
- Dutchess County
- Erie County
- Herkimer County
- Kings County
- Madison County
- New York County
- Niagara County
- Oneida County
- Ontario County
- Orange County
- Otsego County
- Queens County
- Rensselaer County
- Richmond County
- Schenectady County
- Steuben County
- Schuyler County
- Suffolk County
- Sullivan County
- Tioga County
- Ulster County
- Westchester County

**NY Vision: Network of Excellence**

HFNY vision for 2020: All NY counties are funded to receive HFNY home visiting services. Additional funding expands availability to families in currently unserved areas of the state and expands funding to enhance existing services related to adult and infant mental health, post-natal depression, and community coordination.

Visit us at [preventchildabuseny.org](http://preventchildabuseny.org) or [healthyfamiliesnewyork.org](http://healthyfamiliesnewyork.org)

