

2010 WALK for CHILDREN



Team Leader Handbook



Saturday, October 16, 2010
Washington Park
Albany, NY
Check in: 9 a.m.
Walk: 10 a.m.



33 Elk Street, 2nd Floor | Albany, NY 12207 | 1-800-CHILDREN | 518-445-1273
walk@preventchildabuseny.org | www.preventchildabuseny.org

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INTRODUCTION and TEAM LEADER INSTRUCTIONS

Congratulations! By participating in the *2010 Walk for Children* you are building a better future for our children and our communities! This handbook is your guide to planning and implementing your fundraising efforts. The suggestions in this booklet are designed to help you build on your passion for children and exceed your fundraising goals.

We have given you a broad range of outreach ideas in this handbook. Keep in mind, these are only starting points to get you thinking. You are free to adapt a sponsorship recruitment plan that fits well with your personality and interests. The staff of Prevent Child Abuse New York is also available to help you plan and devise strategies to reach out to potential sponsors. Call 1-800-CHILDREN or e-mail walk@preventchildabuseny.org.

You and your teammates can register online at <http://www.preventchildabuseny.org/2010walkforchildren.shtml>. Or you can register using the walker registration form on page 12. Please be sure everyone on your team registers and includes the name of your team with their registration. This will help us keep track of your team totals. Your team name can be the name of your company, group, family or any creative name of your choice.

We also encourage you and your team members to create a personal fundraising page. Visit <http://www.preventchildabuseny.org/2010walkforchildren.shtml> to learn more.

If you would like a supply of *Walk for Children* registration brochures, call 1-800-CHILDREN or e-mail walk@preventchildabuseny.org.

We look forward to creating a fun and fulfilling event for you and your teammates!

FUNDRAISING FAST FACTS

The number one reason why people donate to charity is because they are asked. We know how hard it can be to ask for money, but with a little organization and persistence even the most hesitant fundraiser can bring in big bucks. Still unsure? Remember, the more you ask, the more you'll get. Here are some tips to get you started.

Make a hit list and craft a pitch.

Include the usual suspects: family, friends, co-workers, neighbors. When thinking about who you'll ask, also consider how you'll ask. Tailor your ask to the individual. Your friends with kids may be more inclined to donate because they understand the stresses parents face or because they believe we all have a stake in the future of children. The friend whose bowl-a-thon you sponsored last month may be inclined to donate because he owes you one.

Face-to-face is great.

Many people find it harder to say no when they are asked to donate in person. This also gives you the opportunity to answer questions and explain why preventing child abuse is important to you.

Create a personal fundraising page.

Sure, face-to-face is great, but don't forget to harness the power of the internet as a fundraising tool. You can customize your fundraising page with photos and personalized messages about why the Walk for Children is important to you. Then simply e-mail a link to your page

to the contacts in your address book.

This is a quick, easy and personalized approached guaranteed to help you raise more money. To set up your page visit <http://www.preventchildabuseny.org/2010walkforchildren.shtml>

Know where the money goes.

People want to know how their money will be spent. Funds raised in the walk will benefit our 24-hour Prevention & Parent Helpline, our public education efforts, and our legislative advocacy for programs and policies that protect children and prevent abuse. Read more about our programs on page 11.

Aim high.

Ask for more than you expect to get. If you think someone will donate \$25, ask for \$50. You may be pleasantly surprised. At the very least, this gives you the room to negotiate down. Negotiating up, on the other hand, is much more difficult.

Follow up.

Stay in contact with the people you ask for donations. If they don't commit right away, follow up to remind them how important this is to you.

Give thanks.

Send thank you notes or e-mails to your sponsors. Let them know how much you appreciate their support. After the walk, send photos of you and your team at the event. Be sure to let your sponsors know they are making a difference in the lives of children.

Questions? Call 1-800-CHILDREN or e-mail walk@preventchildabuseny.org

TEAM LEADER IDEAS

Your first step is to recruit team members. Here are some places where you may be able to find walkers:

- Work. You spend most of your day with your co-workers. Why not ask them to join your team?
- Social networking sites. Why not put all those Facebook, Twitter and MySpace connections to good use?
- Clubs – garden, book, play group, Weight Watchers, golf, bridge, etc.
- Teams. Recruit parents and kids from your kids' sporting organization.
- Your neighborhood. Talk to your neighbors about forming a team from your block.
- Places of worship – Sunday school, choir, committees.
- Service groups – Kiwanis, Rotary, Exchange, etc.
- Your family and friends.

Here are some ideas to get people excited about your team effort:

- Every team member who raises \$50 or more will receive a *2010 Walk for Children* T-shirt. Encourage your team members to raise even more than that. Offer a prize as an incentive.
- Choose a theme. Be creative! Your team could wear something that represents you (like red hats or bicycle jerseys).
- Have team members check to see if their employers will match their personal donation, or match the total amount they raise.
- Put an announcement or print ad in your community newspaper, company newsletter, church bulletin, or organization newsletter. We can help you write the ad. Call 1-800-CHILDREN or e-mail walk@preventchildabuseny.org.
- Ask if you can display *2010 Walk for Children* brochures and posters at your local library, coffee shop, or restaurant.
- Challenge another group (e.g. Soccer Moms versus Soccer Dads) to participate in the walk. Maybe the losing team has to treat the winning team to ice cream or pizza.
- If people would like more information about us, send them to our Web site: www.preventchildabuseny.org

Questions? Call 1-800-CHILDREN or e-mail walk@preventchildabuseny.org

TEAM LEADER IDEAS for the WORKPLACE

- ◆ Every team member who raises \$50 or more will receive a *2010 Walk for Children* T-shirt. Encourage your team members to raise even more than that. Maybe your company or agency will award a prize to the top fundraising individual or team.
- ◆ Broadcast the event and request others to join your team. See if management will send a memo or put an advertisement in the company newsletter on your team's behalf.
- ◆ Encourage your team members to ask for sponsorship money from co-workers, family, and friends.
- ◆ Display *Walk for Children* brochures and posters in the employee break room or near the coffee or water machine.
- ◆ Challenge another department (e.g. Accounting versus Customer Service or Marketing versus Human Resources) to participate in the walk. Perhaps losers would have to buy coffee and doughnuts for the department raising the most money.
- ◆ If people would like more information about us, send them to our Web site: www.preventchildabuseny.org

SAMPLE WALKER RECRUITMENT E-MAILS

To help build a team within your workplace or organization, send weekly e-mails to recruit walkers and encourage them in their fundraising efforts. Keep them posted on activity within your team with short, but regular updates. Your team members can also send e-mails asking for sponsors.

If you would like these e-mails sent to you for reuse, e-mail walk@preventchildabuseny.org.

E-mail to recruit walkers

Capital Region individuals, families, businesses, and organizations will step up to prevent child abuse on October 16 in the *2010 Walk for Children*. Please contact [insert your name, e-mail address, and phone number] for more information and to join us.

E-mail to update walkers

Congratulations! You're helping to prevent child abuse. By raising money for the *Walk for Children*, you are a partner with Prevent Child Abuse New York in its efforts to provide support to Capital Region children and families.

E-mail from walkers asking for sponsors

Who holds the answers to child abuse? We all do. That's why I am asking you to sponsor me in the *2010 Walk for Children*. All funds raised will benefit the prevention programs of Prevent Child Abuse New York.

E-mail to thank walkers

Thank you team! Together we raised \$ _____ for Prevent Child Abuse New York's *2010 Walk for Children*. Thank you for your efforts. The money we raised will help prevent child abuse in the Capital Region and in the state.

Questions? Call 1-800-CHILDREN or e-mail walk@preventchildabuseny.org

TIPS to GET SPONSORS and RAISE MONEY

- Set a goal. \$300 is a good place to start.
- Aim to sign up at least one new sponsor every day.
- Call, write, or e-mail people you know and ask them to sponsor you, or better yet, to join you in walking and raising money.
- Ask them to e-mail their friends and ask them to participate, too.
- Follow-up with reminder calls and e-mails (see examples provided).
- Ask if your company (or your sponsors' companies) will match donations.
- Organize a team to honor someone special to you (Mom, Dad, mentor, etc.).
- Get your children's school and clubs involved; make it a group project.

RAISE \$300 in JUST EIGHT DAYS!

Day 1: Start with sponsoring yourself for \$25.

Day 2: Ask three family members to contribute \$20 each.

Day 3: Ask three friends to contribute \$15 each.

Day 4: Ask five co-workers to contribute \$10 each.

Day 5: Ask four people from your place of worship, health club, or sports league to contribute \$10 each.

Day 6: Ask three neighbors to contribute \$10 each.

Day 7: Ask your boss to make a company contribution of \$25 (or ask about a matching gifts program).

Day 8: Ask one business you frequent to contribute \$25 (doctor, dentist, pediatrician, mechanic, dry cleaner, restaurant, etc.).

Questions? Call 1-800-CHILDREN or e-mail walk@preventchildabuseny.org

SAMPLE SPONSORSHIP REQUEST LETTER

You can raise money by sending letters to people you know and love explaining why walking to prevent child abuse is important to you. Be creative and don't forget to include photos of your kids, grandkids, or nieces and nephews.

If you would like this letter e-mailed to you for reuse, e-mail walk@preventchildabuseny.org.

Dear _____:

I am walking in Prevent Child Abuse New York's 2010 *Walk for Children* on October 16, and I am hoping to enlist your support as one of my sponsors.

Prevent Child Abuse New York (PCANY) has been serving children, families, professionals, and community members in the Capital Region and throughout the state since 1980. Their single mission is to prevent child abuse in all its forms. PCANY works to ensure a loving, safe, nurturing environment for all of New York's children

Thank you for considering my request. If you would like more information about Prevent Child Abuse New York, you can call 1-800-CHILDREN, e-mail walk@preventchildabuseny.org, or visit www.preventchildabuseny.org. If you would like to help, please cut out the box below and return it to me at [your address] with a check made payable to Prevent Child Abuse New York. I hope to hear from you soon.

Sincerely,

[Your Name]

Yes, I will step up to prevent child abuse. I will sponsor you for:

_____ \$25 _____ \$50 _____ \$75 _____ \$100 _____ Other amount

Name & address: _____

Questions? Call 1-800-CHILDREN or e-mail walk@preventchildabuseny.org

PREVENTION in ACTION

How do we help children and families? We understand the problems that today's families face. We help them find solutions.

Mary was frantic. She'd returned home from work late at night to find her infant and two year old gone. The babysitter had left the children alone and child protective services came to get them. Where were they? How could she find them? We put her in touch with emergency children's services, who still had the children in a temporary shelter and reunited the family.

Jorge recently received custody of his ten year old son, who desperately needed counseling. But the agency he'd been referred to wasn't taking any new cases and had a long waiting list. We found four counseling centers near his home, explained how to ask for an intake meeting, and urged him to call us back if none of those places were able to take his son right away.

Babies in thousands of New York State families have a brighter future thanks to funding we've secured for intensive home visiting and the training and support we provide to hundreds of home visitors.

Mignon had no food, her rent was past due, her husband had abandoned her, and she spoke very little English, when she gave birth to her fourth child. Although she was ashamed of her circumstances and reluctant to ask for help, she did accept the offer of support from a home visitor. As with many families with pressing needs, she found it difficult to focus on her child. But with the home visitor's help, she obtained public assistance, a visa, a job, and housing for her family, and taught herself English. As her confidence grew and her problems were settled, she has been able to really focus her attention on her children's care, development and needs.

Please read more about our programs on the next page.

Questions? Call 1-800-CHILDREN or e-mail walk@preventchildabuseny.org

PREVENT CHILD ABUSE NEW YORK

The proceeds from the *2010 Walk for Children* will benefit our programs, which include:

PREVENTION INFORMATION RESOURCE CENTER (PIRC) & PARENT HELPLINE: 1-800-342-PIRC (7472). The PIRC & Parent Helpline is an information and referral service for parents, professionals, and other citizens who want to prevent child abuse and intervene in abusive situations. Positive parenting is the first line of defense against child abuse, so PIRC focuses heavily on resources for parents. The Helpline is available to everyone in New York, 24 hours every day, in English and Spanish.

HEALTHY FAMILIES NEW YORK. We promote Healthy Families New York, a program that provides in-home visits to new parents who need extra support. The program improves parents' knowledge, skills, and relationships with their children. Our training team helps assure that all families in programs throughout the state receive quality services.

PARENTING EDUCATION PARTNERSHIP. Working with partners from across the state, we promote and support effective parenting education programs that increase parents' skills, knowledge and support, so that parents are able to nurture their children's healthy development.

LEGISLATIVE & POLICY ADVOCACY. We provide statewide leadership in advocating for programs and policies that protect children and prevent abuse. We work with coalitions and mobilize advocates from across the state.

ANNUAL CHILD ABUSE PREVENTION CONFERENCE. Our annual conference inspires and equips hundreds of professionals, parents, and volunteers with the latest abuse prevention and family support techniques.

PUBLIC AWARENESS & EDUCATION. We encourage statewide involvement in ending child abuse through exhibits, public information campaigns, the Internet, and prevention literature that we provide to schools, agencies, and other community organizations.

2010 WALK for CHILDREN REGISTRATION

You can register online at <http://www.preventchildabuseny.org/2010walkforchildren.shtml>. You can also complete the registration form below and return it to Prevent Child Abuse New York. **Every walker on your team should register separately. Please be sure your team members' forms indicate that you are their team leader.** Registration forms are also in the *2010 Walk for Children* registration brochure. If you would like a supply of brochures to distribute in your community or workplace, call 1-800-CHILDREN.

Register online at <http://www.preventchildabuseny.org/2010walkforchildren.shtml>. Or complete this form and mail to:

PCANY, 33 Elk Street, 2nd Floor, Albany, NY 12207
 Phone: 1-800-CHILDREN or 518-445-1273
 Fax: 518-436-5889

Please print:

Walker's Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

E-mail _____

Check one: Individual Walker Team

Team Name _____

Team Leader _____

(If you are the Team Leader, we'll send you a Team Leader's Handbook.)

By signing this form I hereby waive all claims against PCANY for any injury I or my child might suffer in this event. I grant full permission for PCANY to use photographs of me in legitimate accounts and promotions of this event.

Signature _____

Parent/Guardian _____

(If under 18 years old, parent/guardian must also sign.)

- How did you hear about the Walk?
- Please send me _____ extra brochures.
- Please contact me about volunteering for PCANY.
- Please send me information about PCANY.
- I can not attend the Walk, but I've enclosed a donation of _____ to help prevent child abuse.