



### **Building Resilient Communities Professional Development Opportunities**

Prevent Child Abuse NY (PCANY) is dedicated to the effort to strengthen the resilience of children and families. A prerequisite to increasing trauma-informed practice among child- and family-serving professionals, is providing these professionals with a curriculum grounded in a broad base of evidence on the effective application of the Five Protective Factors (PF). PCANY is offering five different but interconnected instructional opportunities. The sessions provide an overview of Adverse Childhood Experiences (ACEs) and childhood trauma, educate participants on the importance of building resilience in the children/youth/families they serve, and help them alter their day-to-day behavior by incorporating relevant PFs into their work.

Resilience Screening/Discussion: This documentary film chronicles the birth of a new movement among pediatricians, therapists, educators, and communities, who are using cutting-edge brain science to disrupt cycles of violence, addiction, and disease. PCANY staff screens this one-hour film and leads a reflective conversation with viewers about what they've learned. (Directed by James Redford, with nationally-recognized trauma expert and pediatrician Dr. Nadine Burke-Harris.)  
Cost: Travel and honorarium

Introduction to the Protective Factors Framework (PFF): PCANY staff provides a two to three hour overview of ACEs and how to build resilience through the Protective Factors Framework. This session can serve as a pre-cursor to the comprehensive PFF session (described below), or as a stand-alone.  
Cost: \$500-\$750

Cross-systems community initiatives session: PCANY staff leads a facilitated discussion around understanding the implications of PF work for systems and programs. Participants will leave armed with strategies and tools to undertake joint action and promote community readiness.  
Cost: \$500-\$750

ACEs/PF session: PCANY staff screens *Resilience*, followed by a guided conversation. PCANY will work with organizations to design a three-hour training that best meets the needs of each specific group focused on: ACEs overview; PF/resiliency; and an audience-specific facilitated discussion during which participants develop next steps for implementation and determine how to incorporate what they've learned into daily practice.  
Cost: \$1,000

Comprehensive PF session: Our nationally accredited PF Trainers provide a two-day interactive, activity-based session to engage participants in perspective shift work. Participants will leave equipped with every day action steps to help support resilience building in the children and families they come into contact with every day. Includes a screening of *Resilience*.  
Cost: \$2,000 plus travel